

# March 2023 Hays High Lunch

Monday		Tuesday		Wednesday		Thursday		Friday	
				1 * Chicken Alfredo Caesar Salad Italian Blend Vegetables Kiwi Garlic Toast Fresh Fruit Choices Milk Variety		2 Hot Dog OR Chili Dogs French Fries Baby Carrots Mandarin Oranges Side Salad Fresh Fruit Choices Milk Variety		3 Pepperoni Pizza OR Cheese Pizza Tossed Salad W/Romaine California Blend Vegetables Pineapple Fresh Fruit Choices Milk Variety	
		6 Chicken Nuggets Tator Tot's Mixed Vegetables Banana Dinner Roll Side Salad Fresh Fruit Choices Milk Variety		7 Crispito Refried Beans Corn Fresh Pears Side Salad Fresh Fruit Choices Milk Variety		8 Italian Pasta Bake Romaine Salad Italian Blend Vegetables Pineapple Garlic Toast Fresh Fruit Choices Milk Variety		9 Grilled Chicken Salad OR Spicy Chicken Sandwich Baked Beans Garden Blend Vegetables Apple Wedges Side Salad Fresh Fruit Choices Milk Variety	
 <p>SPRING BREAK</p>									
20 Rib Sandwich French Fries Peas & Carrots Strawberries and Bananas Side Salad Fresh Fruit Choices Milk Variety		21 Steak Fingers Mashed Potatoes Country Gravy Green Beans Kiwi Dinner Roll Side Salad Fresh Fruit Choices Milk Variety		22 Spiral Dogs Baked Beans California Blend Vegetables Pineapple Side Salad Fresh Fruit Choices Milk Variety		23 Turkey & Swiss Sandwich Sweet Potato Fries Cheesy Broccoli Apple Wedges Side Salad Fresh Fruit Choices		24 Pancake Sausage Links Scrambled Eggs Hashbrowns Mandarin Oranges Side Salad Fresh Fruit Choices	
27 Corn Dog Curly Fries Broccoli & Cauliflower Banana Side Salad Fresh Fruit Choices Milk Variety		28 Super Nachos Refried Beans Corn Fresh Pears Side Salad Fresh Fruit Choices Milk Variety		29 Lasagna Romaine Salad OR Southwest Burger French Fries Glazed Carrots Grapes Garlic Toast Fresh Fruit Choices Milk Variety		30 Cherry Blossom Chicken Asian Style Brown Rice Mixed Vegetables Applesauce Dinner Roll Side Salad Fresh Fruit Choices Milk Variety		31 Milk Variety * Macaroni and Cheese Little Smokies Green Beans Tropical Fruit Salad Breadstick Side Salad Fresh Fruit Choices Milk Variety	

## Meal Prices

Student-Full	\$2.95
Student-Reduced	\$.40
Extra Milk	\$.50
Adults	\$4.00

Hamburgers, Grilled Chicken Sandwiches, Cold Sandwiches and Chef Salads are offered daily along with other side options.

Menu is Subject to Change.